

ACTIVIST MATERIALS | STORY GUIDE

SHARE YOUR STORY

Pro-Choice Washington - September 2021



YOUR STORY HAS POWER

Interested in raising your voice? We have included a few questions to get you started, and we are here to support you all along the way. Please reach out to info@prochoicewashington.org to let us know!

- Why is reproductive freedom important to you?
- Have you always easily accessed reproductive healthcare? What has that meant for your life?
- Have high travel and/or service costs impacted your ability to get reproductive healthcare? Has it caused you to delay seeking care, such as STI screenings, contraception, or abortion care?
- Have you had an abortion before? If so, what was your experience?
- Have you sought out abortion care or other reproductive healthcare, but were denied that care? If so, did they tell you why?
- Have you ever visited a Crisis Pregnancy Center? If so, what was your experience and why?
- What was your experience with sex education growing up? How did that impact your life?
- Have you faced stigma or other serious consequences from family, friends, and/or employers because of your reproductive decisions?

WHY SHARE MY STORY?

Our stories are powerful. They can change minds and call decision makers to action. We welcome all stories. The depth and breadth of personal stories shows what is at stake in Washington. Reproductive Freedom is fundamentally connected to gender, economic, and racial justice. Sharing your story can also illuminate the connection between these crucial issues, solidifying the importance of reproductive freedom to lawmakers, local leaders and to folks in your community. We understand that your story is personal, so we urge you to share only as you feel safe to do so.

HOW IS IT SHARED?

Your story is your own, so we will work with you to make sure you are comfortable with how it is shared. In the past, activists have shared theirs with legislators via meetings, emails, letters, and phone calls, and as testimony during a public hearing, or as a message to inspire other activists during events or on social media. They have also shared their story in an op-ed or letter to the editor in a local paper.



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